

# COUNSELING PSYCHOLOGY

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## Counseling Psychology

As a graduate student in the Department of Counseling Psychology (CP), you'll develop the skills necessary to become an effective practitioner, researcher and/or leader in your field. Our goal is to develop professionals who are insightful and self-reflective, who are passionate about access and equity in mental health care. Our faculty research explores many exciting and critically important areas such as culturally responsive psychotherapy, work and well-being, culturally sensitive healthcare, disordered eating, media and mental health, and college adjustment. Our highly selective doctoral program is accredited by the American Psychological Association and is well known for providing access to high-quality practica and national internships for our students. This scientist-practitioner program has a strong focus on both research and practice. Similarly, the master's program has excellent practicum and internship sites all over the Denver area, and is accredited by the Masters in Psychology and Counseling Accreditation Council. One of the strengths for our Counseling Psychology program for both master's and doctoral students is the opportunity to provide counseling in our in-house clinic.

We want our students not only to demonstrate accurate and current knowledge, but to have expertise related to the many issues that confront society, and to have the skills to create effective strategies and approaches to address these challenges.

## Doctor of Philosophy in Counseling Psychology

The goal of the CP doctoral curriculum at the University of Denver is to educate counseling psychologists who have a solid foundation in science, practice, and social justice and equity from an intersectional framework. Our PhD program is intended for those preparing to become counseling psychologists. Through coursework and hands-on experience, you will learn to evaluate theories and research critically, while gaining a deeper understanding of the communities and individuals you will serve. Although CP programs may lie at various points on the continuum from a very heavy emphasis on science to a very heavy emphasis on practice, the Counseling Psychology program at DU lies close to the middle of the continuum. Although the course of study provides students with some flexibility to emphasize either the practice or scientific side of the continuum, we expect that all students will have a solid foundation in science and practice and will approach each aspect of their training from a multiculturally informed position. Many of our graduates work in practice settings after graduation, and some are in research/faculty positions across the country. Regardless of their specific work setting, we believe they are trained to practice from a scientific/critical perspective infused with cultural awareness. In this way, our philosophy is consistent with the perspective of Pepinsky (1954), who suggested that the scientist portion of the scientist-practitioner model is reflected in the way counseling psychology practitioners think about and conduct their practice: they think critically and are appropriately skeptical about theories, research findings, and clinical practices, including their own as well as others. In addition, our students strive for cultural competence in order to be effective with diverse clients.

Counseling psychologists encourage groups of individuals in an array of cultural contexts to better understand themselves and their own behavior, to develop an increased repertoire of adaptive skills, and to more effectively approach life problems in light of this understanding and skill development. Counseling psychologists also help individuals make vocational-educational decisions, take productive action in marriage or family systems, and assist individuals with health-related crises, being careful to take cultural consideration into account. Counseling psychologists are also trained to provide supervision, consultation, and interprofessional/interdisciplinary skills and to use these skills in a variety of settings. Consistently, DU Counseling Psychology PhD program emphasizes multicultural counseling and social justice, health psychology, vocational psychology, psychotherapy processes and outcomes, psychological assessment, group dynamics, and treatment of addictions. Seminars are offered in all of these areas.

The faculty encourages students to develop individualized programs of study commensurate with their career goals. Practicum settings are arranged to further intensify training in particular specialty areas (e.g., college counseling, VA, in-patient, integrative care, correctional settings, community mental health). Students whose goals include college teaching are encouraged to co-facilitate introductory counseling classes with faculty and teach undergraduate psychology and counseling courses. Students are also required to participate in and contribute to a pre-dissertation research project that leads to a presentation and/or a submission for publication.

The program offers areas of focus, where you can further your skills and become better equipped to provide solutions for the societal and interpersonal challenges facing clients. Students will be able to integrate research to practice and engage in practice that is informed by research.

We offer an Emphasis in Health Psychology with at least two health-related didactic courses and two supervised clinical practica. Courses may include health psychology, health disparities, integrated health, neurophysiological assessment, and infectious disease in addictive behavior. Please note that the health-related courses are in addition to the required courses for completion of the PhD in Counseling Psychology. Practicum opportunities have included integrated health settings, academic medical centers, and VA Hospitals serving adults, children, and families. Students interested in practicum in health psychology settings may work with their advisor and the training director to identify relevant sites and obtain guidance and support in the application process, but health-related practicum are not guaranteed. Similar to the practicum component, students interested in completing a health psychology related dissertation have several faculty who can support them in this process, but students in

consultation with their advisor and/or dissertation chair, select their dissertation topic. The Emphasis in Health Psychology offers an exciting opportunity to build upon excellent foundational broad and general psychology training to dive deeper into advocating for health equity, developing interprofessional competencies, and partnering with our Denver communities.

Importantly, some faculty research areas include:

- Multicultural counseling
- LGBTQ+ health
- Psychotherapy research
- Romantic relationships
- Health psychology and health disparities
- Disordered eating
- Media psychology
- Supervision and training
- Vocational psychology and career development
- Cancer survivorship

Upon completion of our PhD program, and with the additional post-doctoral required hours, you'll be able to apply for licensure as a psychologist in Colorado and various other states (Please check with your state's licensing board to ensure our program meets their licensing requirements).

### **Interim Master of Arts in Counseling Psychology with a Concentration in General Counseling (for PhD students only)**

This concentration leads to a general Master's degree in Counseling, and is available as an interim degree for PhD candidates only. This concentration requires a minimum of 55 quarter hour credits, including a 150-hour practicum, but it does not lead to licensure as a professional counselor on its own.

### **Master of Arts in Counseling Psychology with a Concentration in Clinical Mental Health Counseling**

The Clinical Mental Health Counseling concentration is accredited by the Masters in Psychology and Counseling Accreditation Council (MPCAC) and is aligned with the requirements of the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Students who complete this degree and two years of post-master's work in the field can apply to become a Licensed Professional Counselor in the State of Colorado and various other states (Please check with your state's licensing board to ensure our program meets their licensing requirements). This degree requires two years and 90 quarter credits. It also includes a 150-hour practicum, a 600-hour internship, and two quarters of counseling in our in-house clinic.

### **Master of Arts in Counseling Psychology with a Concentration in Research Counseling**

Some students wish to develop more advanced research skills as well as counseling skills. This concentration requires two years and 72 credit hours to complete. Students wishing to complete a master's thesis are strongly encouraged to apply to participate in this concentration during the winter quarter of the first year of study. If the student chooses to apply for the Research concentration later, it will take longer to complete the degree. It is recommended they begin discussing this option with their advisor during their first quarter of graduate work. Students who complete a thesis are not required to take the comprehensive examination. This is the only concentration students may pursue if they are interested in writing a thesis. The Research concentration does not meet requirements to achieve licensure. Students are not eligible for applying to become a Licensed Professional Counselor after graduation.

### **Master of Arts in School Counseling: SchoolCounseling@Denver**

The Master of Arts in School Counseling (online) program has been designed to help students develop individual, group, and career counseling skills to meet the academic, career, and social/emotional needs of students from diverse backgrounds within the P-12 school system(s) and across the communities in which they serve. Students receive training in the profession as a whole, with focus on counseling skills, development, social justice, application of skills in a school environment, and many other areas. This degree requires a 100-hour practicum and two 300-hour internship experiences, during which students receive on-site supervision at their practicum/internship setting. This 90 quarter hour online Master's degree in School Counseling allows students to apply for licensure as a school counselor in Colorado (through the Colorado Department of Education [CDE]) and various other states. Note that licensing requirements vary from state to state. Check with the licensing board for the state in which you are interested.

### **Doctor of Philosophy in Counseling Psychology**

#### **Degree and GPA Requirements**

**Bachelor's degree:** All graduate applicants must hold an earned baccalaureate from a regionally accredited college or university or the recognized equivalent from an international institution.

**University GPA requirement:** The minimum grade point average for admission consideration for graduate study at the University of Denver must meet one of the following criteria:

- A cumulative 2.5 on a 4.0 scale for the baccalaureate degree.
- A cumulative 2.5 on a 4.0 scale for the last 60 semester credits or 90 quarter credits (approximately two years of work) for the baccalaureate degree.

- An earned master's degree or higher from a regionally accredited institution or the recognized equivalent from an international institution supersedes the minimum GPA requirement for the baccalaureate.
- A cumulative GPA of 3.0 on a 4.0 scale for all graduate coursework completed for applicants who have not earned a master's degree or higher.

### English Language Proficiency Test Score Requirements

The minimum TOEFL/IELTS/C1 Advanced/Duolingo English Test score requirements for this degree program are:

- Minimum TOEFL Score (Internet-based test): 80
- Minimum IELTS Score: 6.5
- Minimum C1 Advanced Score: 176
- Minimum Duolingo English Test Score: 115

## Master of Arts in Counseling Psychology with a Concentration in Clinical Mental Health Counseling, Concentration in Research Counseling

### Degree and GPA Requirements

**Bachelor's degree:** All graduate applicants must hold an earned baccalaureate from a regionally accredited college or university or the recognized equivalent from an international institution.

**University GPA requirement:** The minimum grade point average for admission consideration for graduate study at the University of Denver must meet one of the following criteria:

- A cumulative 2.5 on a 4.0 scale for the baccalaureate degree.
- A cumulative 2.5 on a 4.0 scale for the last 60 semester credits or 90 quarter credits (approximately two years of work) for the baccalaureate degree.
- An earned master's degree or higher from a regionally accredited institution or the recognized equivalent from an international institution supersedes the minimum GPA requirement for the baccalaureate.
- A cumulative GPA of 3.0 on a 4.0 scale for all graduate coursework completed for applicants who have not earned a master's degree or higher.

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- Minimum TOEFL Score (Internet-based test): 80
- Minimum IELTS Score: 6.5
- Minimum C1 Advanced Score: 176
- Minimum Duolingo English Test Score: 115

## Master of Arts in School Counseling: SchoolCounseling@Denver

### Degree and GPA Requirements

**Bachelor's degree:** All graduate applicants must hold an earned baccalaureate from a regionally accredited college or university or the recognized equivalent from an international institution.

**University GPA requirement:** The minimum grade point average for admission consideration for graduate study at the University of Denver must meet one of the following criteria:

- A cumulative 2.5 on a 4.0 scale for the baccalaureate degree.
- A cumulative 2.5 on a 4.0 scale for the last 60 semester credits or 90 quarter credits (approximately two years of work) for the baccalaureate degree.
- An earned master's degree or higher from a regionally accredited institution or the recognized equivalent from an international institution supersedes the minimum GPA requirement for the baccalaureate.
- A cumulative GPA of 3.0 on a 4.0 scale for all graduate coursework completed for applicants who have not earned a master's degree or higher.

### English Language Proficiency Test Score Requirements

The minimum TOEFL/IELTS/C1 Advanced/Duolingo English Test score requirements for this degree program are:

- Minimum TOEFL Score (Internet-based test): 80
- Minimum IELTS Score: 6.5

- Minimum C1 Advanced Score: 176
- Minimum Duolingo English Test Score: 115

## Certificate in School Counseling

### Degree and GPA Requirements

**Bachelor's degree:** All graduate applicants must hold an earned baccalaureate from a regionally accredited college or university or the recognized equivalent from an international institution.

**Master's degree:** This program requires a master's degree as well as the baccalaureate.

**University GPA requirement:** The minimum grade point average for admission consideration for graduate study at the University of Denver must meet one of the following criteria:

- A cumulative 2.5 on a 4.0 scale for the baccalaureate degree.
- A cumulative 2.5 on a 4.0 scale for the last 60 semester credits or 90 quarter credits (approximately two years of work) for the baccalaureate degree.
- An earned master's degree or higher from a regionally accredited institution or the recognized equivalent from an international institution supersedes the minimum GPA requirement for the baccalaureate.
- A cumulative GPA of 3.0 on a 4.0 scale for all graduate coursework completed for applicants who have not earned a master's degree or higher.

**Program GPA requirement:** A completed master's or doctoral degree from a CACREP-accredited program or a CACREP-equivalent program, with a 3.5 GPA.

### Prerequisites

Prior to starting the program, candidates must have an earned master's or doctoral degree with a 3.5 GPA from a CACREP-accredited program or a CACREP-equivalent program as verified on CACREP's web site: <https://www.cacrep.org/directory/>.

If your degree program was not CACREP-accredited, you may complete a Colorado Licensure Education Review with the Center for Credentialing Education (CCE) and upload the formal results of CCE's review via your application status portal. The CCE review process takes six weeks from receipt of your materials.

### English Language Proficiency Test Score Requirements

The minimum TOEFL/IELTS/C1 Advanced/Duolingo English Test score requirements for this degree program are:

- Minimum TOEFL Score (Internet-based test): 80
- Minimum IELTS Score: 6.5
- Minimum C1 Advanced Score: 176
- Minimum Duolingo English Test Score: 115

## Specialized Certificate in Counseling

### Degree and GPA Requirements

**Bachelor's degree:** All graduate applicants must hold an earned baccalaureate from a regionally accredited college or university or the recognized equivalent from an international institution.

**Master's degree:** This program requires a master's degree as well as the baccalaureate.

**University GPA requirement:** The minimum grade point average for admission consideration for graduate study at the University of Denver must meet one of the following criteria:

- A cumulative 2.5 on a 4.0 scale for the baccalaureate degree.
- A cumulative 2.5 on a 4.0 scale for the last 60 semester credits or 90 quarter credits (approximately two years of work) for the baccalaureate degree.
- An earned master's degree or higher from a regionally accredited institution or the recognized equivalent from an international institution supersedes the minimum GPA requirement for the baccalaureate.
- A cumulative GPA of 3.0 on a 4.0 scale for all graduate coursework completed for applicants who have not earned a master's degree or higher.

**Program GPA requirement:** A completed master's or doctoral degree from a CACREP-accredited program or a CACREP-equivalent program, with a 3.5 GPA.

## Prerequisites

Prior to starting the program, candidates must have an earned master's or doctoral degree with a 3.5 GPA from a CACREP-accredited program or a CACREP-equivalent program as verified on CACREP's web site: <https://www.cacrep.org/directory/>.

If your degree program was not CACREP-accredited, you may complete a Colorado Licensure Education Review with the Center for Credentialing Education (CCE) and upload the formal results of CCE's review via your application status portal. The CCE review process takes six weeks from receipt of your materials.

## English Language Proficiency Test Score Requirements

The minimum TOEFL/IELTS/C1 Advanced/Duolingo English Test score requirements for this degree program are:

- Minimum TOEFL Score (Internet-based test): 80
- Minimum IELTS Score: 6.5
- Minimum C1 Advanced Score: 176
- Minimum Duolingo English Test Score: 115

# Doctoral Programs

## Doctor of Philosophy in Counseling Psychology

### Degree Requirements

A total of 135 hours are required for the doctorate in the Morgridge College of Education and up to 45 credits from a master's degree may be eligible to be transferred depending on the content overlap with current courses. Students are able to transfer in up to an additional 15 hours for graduate work provided the credits have been earned after the master's degree was awarded and it does not conflict with the doctoral residency requirement.

### Coursework Requirements for Students Entering with a Master's Degree That Included a Supervised Practicum/Clinical Requirement

Code	Title	Credits
<b>PROGRAM REQUIREMENTS</b>		
<b>FOUNDATIONS</b>		
CNP 4788	Physiological Psychology	3
CNP 4775	Counseling Psychology: Cognitive & Affective Basis of Behavior	3
CNP 4768	Counseling Psychology: Social Psychology	3
CNP 4794	Counseling Psychology Seminar: Special Topics (Advanced Integrative Course)	1
CNP 4702	Introduction to Assessment (can be waived)	5
RMS 4921	Psychometric Theory	3
CNP 4704	Psychological Assessment	5
CNP 4645	Lifespan Development	5
CNP 4706	Cognitive Assessment	5
CNP 4772	Diversity Seminar: Psycho-Social Issues	2
CNP 4773	Diversity: Multicultural Counseling Psychosocial Issues (can be waived)	5
CNP 4705	History and Systems of Psychology	3
CNP 4790	Counseling Psychology Seminar: Ethics	3
<b>COUNSELING REQUIREMENTS</b>		
CNP 4700	Counseling Theory (can be waived)	5
CNP 4701	Advanced Seminar: Counseling Theory	3
CNP 4710	Career Counseling (can be waived)	5
CNP 4720	Group Counseling Theory (can be waived)	5
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) *	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) *	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) *	3
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4754	Couns Psych: PhD Internship	1
CNP 4756	PhD Counseling Clinic (2 qtrs/ 1 credit each) ***	1
CNP 4756	PhD Counseling Clinic (2 qtrs/ 1 credit each) ***	1
CNP 4770	Counseling Psychology Seminar: Research	3
CNP 4780	Counseling Psychology Seminar: Supervision ****	3

CNP 4792	Pro-Seminar in Counseling Psychology	1
CNP 4784	Psychopathology (can be waived)	5
CNP 4800	Consultation	1
CNP 4794	Counseling Psychology Seminar: Special Topics (Electives in Counseling Psychology/Special Topics - e.g., Grief and Loss, Health Psychology, Trauma Informed Counseling)	6
CNP 4758	PhD Field Experience (no syllabus; these credits are not paid for by the student) <sup>#</sup>	8
CNP 5771	Counseling Psychology: Doctoral Research Seminar	3
<b>Total Credits</b>		<b>109</b>

# (Register for this Fall, Winter, and Spring terms during internship year for 8 credits per quarter)

\* Assumes completion of a supervised field experience of 400 hours in the MA/MS program (if not, see section on coursework required for those who did not complete a practicum as part of their MA/MS program)

\*\* Advanced Practicum I and Advanced Practicum II students are required to spend 15 to 20 hours per week in practicum placement for three consecutive quarters for a total of 500-600 hours per practicum experience (a minimum of which 250 should be direct client time per practicum setting). Ideally a minimum of 500 to 600 direct service hours will be accumulated at the end of the two practicum experiences. All three quarters of each practicum placement must be at the same site and must be consecutive. Some students take an additional practicum placement if necessary based on goals for internship and career. For more information on practicum requirements, please see the separate practicum handbook.

\*\*\* PhD Clinic is generally taken for two consecutive quarters in winter-spring of the student's third year of study.

\*\*\*\* Students must have successfully completed Advanced Practicum I and have completed or are completing Advanced Practicum II.

Code	Title	Credits
<b>RESEARCH REQUIREMENTS</b>		
RMS 4910	Introductory Statistics (*)	4
RMS 4930	Quantitative Research Design (*)	3
RMS 4941	Introduction to Qualitative Research	4
RMS 4911	Correlation and Regression (Prerequisite: RMS 4910)	4
<b>Total Required</b>		<b>8-15</b>

\*\*May test out or waive; see Counseling Psychology Academic Services Associate regarding testing out or waiving based on previous coursework for RMS 4910, RMS 4930, and RMS 4941 respectively

<b>RMS Electives: Select At Least Three Courses</b>		
RMS 4951	Mixed Method Research Design (Prerequisite: RMS 4910, 4941)	4
RMS 4912	Analysis of Variance	4
RMS 4924	Advanced Measurement	4
RMS 4922	Item Response Theory (Prerequisite: RMS 4921)	3
RMS 4914	Structural Equation Modeling (Prerequisite: RMS 4911)	4
RMS 4915	Hierarchical Linear Modeling (Prerequisite: RMS 4911)	4
RMS 4916	Latent Growth Curve Modeling (Prerequisite: RMS 4914)	4
RMS 4942	Qualitative Data Collection and Analysis	4
RMS 4945	Community-Based Research (Prerequisite: RMS 4942)	4
RMS 4932	Meta-Analysis Social Science Research (Prerequisite: RMS 4910)	3
RMS 4939	Topics in Quantitative Research Methods (Prerequisite: RMS 4939)	3
RMS 4946	Advanced Qualitative Research	4

Other statistical/methodology electives can be approved by advisor\*\*\*

<b>Total Electives</b>		<b>9-13</b>
<b>Dissertation Credits</b>		
CNP 5995	Independent Research (7 minimum) <sup>1</sup>	7

<sup>1</sup> Students can take up to 5 credits prior to comprehensive exams. In order to maintain degree candidacy, MCE doctoral students who have finished all requested coursework will register for one dissertation or doctoral research credit or other credit for consecutive terms fall through spring (summers not required) until the student graduates.

A minimum of 135 credits is required for the PhD in Counseling Psychology.

#### Non-coursework Requirements

- Comprehensive Exam
- Pre-doctoral Internship
- Dissertation Proposal
- Oral Defense of Dissertation

**Coursework Requirements for Students Entering with a Master's Degree without Clinical Training (e.g., a supervised a Practicum/Clinical requirement)**

For students entering without a supervised M.A. practicum or clinical experience, there are several extra requirements included in the list below.)

Code	Title	Credits
<b>PROGRAM REQUIREMENTS</b>		
<b>FOUNDATIONS</b>		
CNP 4788	Physiological Psychology	3
CNP 4775	Counseling Psychology: Cognitive & Affective Basis of Behavior	3
CNP 4768	Counseling Psychology: Social Psychology	3
RMS 4921	Psychometric Theory	3
CNP 4794	Counseling Psychology Seminar: Special Topics (Advanced Integrative Course)	1
CNP 4645	Lifespan Development	5
CNP 4702	Introduction to Assessment	5
CNP 4704	Psychological Assessment	5
CNP 4706	Cognitive Assessment	5
CNP 4772	Diversity Seminar: Psycho-Social Issues	2
CNP 4705	History and Systems of Psychology	3
CNP 4773	Diversity: Multicultural Counseling Psychosocial Issues	5
CNP 4790	Counseling Psychology Seminar: Ethics	3
<b>COUNSELING REQUIREMENTS</b>		
CNP 4700	Counseling Theory	5
CNP 4701	Advanced Seminar: Counseling Theory	3
CNP 4710	Career Counseling	5
CNP 4720	Group Counseling Theory	5
CNP 4740	Basic Counseling Techniques	3
CNP 4741	Int Counseling Techniques	3
CNP 4743	Professional Development in Counseling	1
CNP 4750	Counseling Psychology Beginning Practicum *	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) **	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) **	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) **	3
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4754	Couns Psych: PhD Internship	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4780	Counseling Psychology Seminar: Supervision ****	3
CNP 4770	Counseling Psychology Seminar: Research	3
CNP 4792	Pro-Seminar in Counseling Psychology	1
CNP 4784	Psychopathology	5
CNP 4800	Consultation	1
CNP 4758	PhD Field Experience (students do not pay for these credits) #	8
CNP 5771	Counseling Psychology: Doctoral Research Seminar	3
<b>Total Credits</b>		<b>115</b>

# (Register for this each term during internship year for a total of 8 credits per quarter)



- \* Students must complete CNP 4740: Basic Counseling Techniques and CNP 4741: Intermediate Counseling Techniques with a grade of "B-" or better before enrolling in Beginning Practicum.
- \*\* Advanced Practicum I and Advanced Practicum II students are required to spend 15 to 20 hours per week in practicum placement for three consecutive quarters for a total of 500-600 hours per practicum experience (of which 250-300 should be direct client time per practicum setting). Ideally a minimum of 500 to 600 direct service hours will be accumulated at the end of the two practicum experiences). All quarters must be at the same site and must be consecutive. Some students take an additional practicum placement if necessary based on goals for internship and career. For more information on practicum requirements, please see the separate practicum handbook.
- \*\*\* PhD Clinic is taken for 1 credit for two consecutive quarters in winter-spring of the student's first year of study and is taken again for two consecutive quarters in winter-spring of the fourth year of study.
- \*\*\*\* Students must have successfully completed Advanced Practicum I.

Code	Title	Credits
<b>RESEARCH REQUIREMENTS</b>		
RMS 4910	Introductory Statistics (*)	4
RMS 4930	Quantitative Research Design (*)	3
RMS 4941	Introduction to Qualitative Research	4
RMS 4911	Correlation and Regression (Prerequisite: RMS 4910)	4
<b>Total Required</b>		<b>8-15</b>
*May test out or waive; see CP Academic Services Associate regarding testing out or waiving based on previous coursework for RMS 4910, RMS 4930, and RMS 4941 respectively.		
<b>RMS Electives: Select At Least Three Courses</b>		
RMS 4951	Mixed Method Research Design (Prerequisite: RMS 4910, 4941)	4
RMS 4922	Item Response Theory (Prerequisite: RMS 4921)	3
RMS 4912	Analysis of Variance	4
RMS 4914	Structural Equation Modeling (Prerequisite: RMS 4911)	4
RMS 4915	Hierarchical Linear Modeling (Prerequisite: RMS 4911)	4
RMS 4916	Latent Growth Curve Modeling (Prerequisite: RMS 4914)	4
RMS 4924	Advanced Measurement	4
RMS 4942	Qualitative Data Collection and Analysis	4
RMS 4945	Community-Based Research (Prerequisite: RMS 4942)	4
RMS 4946	Advanced Qualitative Research	4
RMS 4932	Meta-Analysis Social Science Research (Prerequisite: RMS 4910)	3
RMS 4939	Topics in Quantitative Research Methods (Prerequisite: RMS 4939)	3
Other statistical/methodology electives can be approved by advisor***		
<b>Total Electives</b>		<b>9-13</b>
<b>Dissertation Credits</b>		
CNP 5995	Independent Research (7 minimum) <sup>1</sup>	7

<sup>1</sup> Students can take up to 5 credits prior to comprehensive exams. In order to maintain degree candidacy, MCE doctoral students who have finished all requested coursework will register for one dissertation or doctoral research credit or other credit for consecutive terms fall through spring (summers not required) until the student graduates.

A minimum of 135 credits is required for the PhD in Counseling Psychology.

#### Non-coursework Requirements

- Comprehensive Exam
- Qualifying Exam (for students who entered with a Bachelor's degree or a Master's degree without clinical experience)
- Pre-doctoral Internship
- Dissertation Proposal
- Oral Defense of Dissertation

#### Coursework Requirements for Students Entering with a Bachelor's Degree (135 qtr. hrs. for completion of PhD requirements)



A total of 135 post-Bachelor's quarter hours is the minimum required for the doctorate in the Morgridge College of Education for students coming in without a master's degree.

Code	Title	Credits
<b>PROGRAM REQUIREMENTS</b>		
<b>FOUNDATIONS</b>		
CNP 4788	Physiological Psychology	3
CNP 4775	Counseling Psychology: Cognitive & Affective Basis of Behavior	3
CNP 4768	Counseling Psychology: Social Psychology	3
RMS 4921	Psychometric Theory	3
CNP 4645	Lifespan Development	5
CNP 4702	Introduction to Assessment	5
CNP 4704	Psychological Assessment	5
CNP 4706	Cognitive Assessment	5
CNP 4794	Counseling Psychology Seminar: Special Topics (Advanced Integrative Course)	1
CNP 4772	Diversity Seminar: Psycho-Social Issues	2
CNP 4773	Diversity: Multicultural Counseling Psychosocial Issues	5
CNP 4705	History and Systems of Psychology	3
CNP 4790	Counseling Psychology Seminar: Ethics	3
<b>COUNSELING REQUIREMENTS</b>		
CNP 4700	Counseling Theory	5
CNP 4701	Advanced Seminar: Counseling Theory	3
CNP 4710	Career Counseling	5
CNP 4720	Group Counseling Theory	5
CNP 4740	Basic Counseling Techniques	3
CNP 4741	Int Counseling Techniques	3
CNP 4743	Professional Development in Counseling	1
CNP 4750	Counseling Psychology Beginning Practicum *	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) **	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) **	3
CNP 4752	Counseling Psychology Advanced Practicum I (3 qtrs/ 3 credits each) **	3
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4753	Counseling Psychology Advanced Practicum II (3 qtrs/ 1 credit each) **	1
CNP 4754	Couns Psych: PhD Internship	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4756	PhD Counseling Clinic (4 qtrs/ 1 credit each) ***	1
CNP 4770	Counseling Psychology Seminar: Research	3
CNP 4780	Counseling Psychology Seminar: Supervision ****	3
CNP 4792	Pro-Seminar in Counseling Psychology	1
CNP 4784	Psychopathology	5
CNP 4800	Consultation	1
CNP 4758	PhD Field Experience (* students do not pay for these credits) #	8
CNP 5771	Counseling Psychology: Doctoral Research Seminar	3
<b>Total Credits</b>		<b>115</b>

# (Register for this each term during internship year for 8 credits per term)

\* Students must complete CNP 4740: Basic Counseling Techniques and CNP 4741: Intermediate Counseling Techniques with a grade of "B-" or better before enrolling in Beginning Practicum.

\*\* Advanced Practicum I and Advanced Practicum II students are required to spend 15 to 20 hours per week in practicum placement for three consecutive quarters for a total of 500-600 hours per practicum experience (of which 250-300 should be direct client time per practicum setting). Ideally a minimum of 500 to 600 direct service hours will be accumulated at the end of the two practicum experiences). All quarters must be at the

same site and must be consecutive. Some students take an additional practicum placement if necessary based on goals for internship and career. For more information on practicum requirements, please see the separate practicum handbook.

\*\*\* PhD Clinic is taken for 1 credit for two consecutive quarters in winter-spring of the student's first year of study and is taken again for two consecutive quarters in winter-spring of the fourth year of study.

\*\*\*\* Students must have successfully completed Advanced Practicum I.

Code	Title	Credits
<b>RESEARCH REQUIREMENTS</b>		
RMS 4910	Introductory Statistics *	4
RMS 4930	Quantitative Research Design *	3
RMS 4941	Introduction to Qualitative Research	4
RMS 4911	Correlation and Regression (Prerequisite: RMS 4910)	4
<b>Total Required</b>		<b>8-15</b>
*May test out or waive; see CP Academic Services Associate regarding testing out or waiving based on previous coursework for RMS 4910, RMS 4930, and RMS 4941 respectively.		
<b>RMS Electives: Select At Least Three Courses</b>		<b>9-13</b>
RMS 4951	Mixed Method Research Design (Prerequisite: RMS 4910, 4941)	4
RMS 4922	Item Response Theory (Prerequisite: RMS 4921)	3
RMS 4912	Analysis of Variance	4
RMS 4914	Structural Equation Modeling (Prerequisite: RMS 4911)	4
RMS 4915	Hierarchical Linear Modeling (Prerequisite: RMS 4911)	4
RMS 4916	Latent Growth Curve Modeling (Prerequisite: RMS 4914)	4
RMS 4924	Advanced Measurement	4
RMS 4942	Qualitative Data Collection and Analysis	4
RMS 4945	Community-Based Research (Prerequisite: RMS 4942)	4
RMS 4932	Meta-Analysis Social Science Research (Prerequisite: RMS 4910)	3
RMS 4939	Topics in Quantitative Research Methods (Prerequisite: RMS 4939)	3
RMS 4946	Advanced Qualitative Research	4
Other statistical/methodology electives can be approved by advisor***		
<b>Dissertation Credits</b>		
CNP 5995	Independent Research (7 minimum) <sup>1</sup>	7

<sup>1</sup> Students can take up to 5 credits prior to comprehensive exams. In order to maintain degree candidacy, MCE doctoral students who have finished all requested coursework will register for one dissertation or doctoral research credit or other credit for consecutive terms fall through spring (summers not required) until the student graduates.

A minimum of 135 credits is required for the PhD in Counseling Psychology.

#### Non-coursework Requirements

- Comprehensive Exam
- Qualifying Exam (for students who entered with a Bachelor's degree or a Master's degree without clinical experience)
- Pre-doctoral Internship
- Dissertation Proposal
- Oral Defense of Dissertation

#### Interim Master of Arts in Counseling Psychology with a Concentration in General Counseling

To be eligible, students must enter the PhD program **without** an earned master's degree. Students must submit an application to graduate and meet with their advisor for candidacy sign-off by the deadline.

The interim MA does not prepare students for licensure as a Licensed Professional Counselor (LPC). It is intended for students who wish to complete a Master's degree as they pursue their PhD. Students must meet the requirements for the Master of Arts in Counseling Psychology with a Concentration in General Counseling listed below.

## Master's Programs

### Master of Arts in Counseling Psychology with a Concentration in Clinical Mental Health Counseling

#### Degree Requirements

#### Coursework Requirements

Minimum of 90 credits required for the degree

Code	Title	Credits
<b>Program Requirements</b>		
CNP 4645	Lifespan Development	5
CNP 4735	Orientation to Clinical Practice	1
CNP 4300	Trauma-Informed Counseling	5
CNP 4700	Counseling Theory	5
CNP 4702	Introduction to Assessment	5
CNP 4710	Career Counseling	5
CNP 4720	Group Counseling Theory	5
CNP 4730	Research Methods and Program Evaluation	5
CNP 4740	Basic Counseling Techniques	3
CNP 4741	Int Counseling Techniques	3
CNP 4743	Professional Development in Counseling	1
CNP 4755	MA Clinic (2 qtrs/ 5 credits each)	5
CNP 4755	MA Clinic (2 qtrs/ 5 credits each)	5
CNP 4773	Diversity: Multicultural Counseling Psychosocial Issues	5
CNP 4784	Psychopathology	5
CNP 4795	Master of Arts Counseling: Legal and Ethical Issues	5
<b>Practicum and Internship</b>		
CNP 4750	Counseling Psychology Beginning Practicum	3
CNP 4751	M.A. Internship <sup>1</sup>	9
<b>Electives</b>		<b>10</b>
<b>Total Credits</b>		<b>90</b>

<sup>1</sup> 3 credit hour course taken 3 times.

#### Non-coursework Requirements

- Comprehensive Exam

### Master of Arts in Counseling Psychology with a Concentration in General Counseling <sup>1</sup>

#### Degree Requirements

#### Coursework Requirements

Minimum of 55 credits required for the degree

Code	Title	Credits
<b>Foundations</b>		
CNP 4702	Introduction to Assessment	5
<b>Concentration</b>		
CNP 4645	Lifespan Development	5
CNP 4700	Counseling Theory	5
CNP 4710	Career Counseling	5
CNP 4720	Group Counseling Theory	5
CNP 4740	Basic Counseling Techniques	3
CNP 4741	Int Counseling Techniques	3
CNP 4743	Professional Development in Counseling	1
CNP 4773	Diversity: Multicultural Counseling Psychosocial Issues	5
CNP 4756	PhD Counseling Clinic (2 qtrs/1 credit each)	1

CNP 4756	PhD Counseling Clinic (2 qtrs/1 credit each)	1
CNP 4772	Diversity Seminar: Psycho-Social Issues	2
CNP 4784	Psychopathology	5
CNP 4790	Counseling Psychology Seminar: Ethics	3
<b>Practicum</b>		
CNP 4750	Counseling Psychology Beginning Practicum	3
<b>Electives</b>		<b>3</b>
<b>Total Credits</b>		<b>55</b>

<sup>1</sup> The General Counseling Concentration is open only to doctoral students pursuing the interim MA.

## Master of Arts in Counseling Psychology with a Concentration in Research Counseling

### Degree Requirements

#### Coursework requirements

Minimum of 72 credits required for the degree

Code	Title	Credits
<b>Research</b>		<b>10-11</b>
Select one of the following:		
RMS 4930	Quantitative Research Design	
or RMS 4900	Education Research and Measurement	
Plus:		
RMS 4910	Introductory Statistics	
CNP 4995	Independent Research	
<b>Foundations</b>		
CNP 4702	Introduction to Assessment	5
<b>Concentration</b>		
CNP 4645	Lifespan Development	5
CNP 4700	Counseling Theory	5
CNP 4710	Career Counseling	5
CNP 4720	Group Counseling Theory	5
CNP 4730	Research Methods and Program Evaluation	5
CNP 4740	Basic Counseling Techniques	3
CNP 4741	Int Counseling Techniques	3
CNP 4743	Professional Development in Counseling	1
CNP 4773	Diversity: Multicultural Counseling Psychosocial Issues	5
CNP 4784	Psychopathology	5
CNP 4795	Master of Arts Counseling: Legal and Ethical Issues	5
<b>Practicum</b>		
CNP 4750	Counseling Psychology Beginning Practicum	3
<b>Electives</b>		<b>6-7</b>
<b>Total Credits</b>		<b>72</b>

#### Non-coursework Requirements

- Comprehensive examination (may be waived if completing master's thesis)
- Thesis (may be waived if completing comprehensive examination)

## Master of Arts in School Counseling: Schoolcounseling@Denver

Minimum of 90 credits for the degree

Code	Title	Credits
COUN 4600	Orientation to Professional Counseling & Ethical Practice	4
COUN 4610	Counseling Techniques	4

COUN 4620	Counseling Theory	4
COUN 4630	Research Methods	4
COUN 4700	Social & Cultural Diversity	4
COUN 4710	Group Counseling	4
COUN 4730	Lifespan Development	4
COUN 4720	Assessment & Appraisal	5
COUN 4740	Roles & Responsibilities of the School Counselor	4
COUN 4800	Career Counseling	4
COUN 4810	Comprehensive School Counseling Programs	4
COUN 4820	Counseling Youth & Families	4
COUN 4830	Diagnosis in Counseling	4
COUN 4840	Educational Strategies and Policies	4
COUN 4850	School Counselor Interventions	4
COUN 4900	Practicum	4
COUN 4910	Internship I	4
COUN 4920	Internship II	4
COUN 4001	School Counseling Immersion	0
COUN 4825	Activity-Based Counseling	3
COUN 4805	Gender & Sexuality	4
COUN 4835	Counseling for Trauma, Crisis, & Grief	4
COUN 4815	Program Evaluation	2
COUN 4801	Developmental Application	2
COUN 4750	Exceptionalities	2
<b>Optional coursework</b>		
COUN 4901	School Counseling Field Supervision <sup>1</sup>	
<b>Total Credits</b>		<b>90</b>

<sup>1</sup> This course is not required and will result in an extra credit hour in addition to the required 90.

#### Non-coursework Requirements

- Comprehensive examination

## Graduate Certificate Program

For individuals who have already earned an eligible Master's degree, the 24-credit Certificate in School Counseling leads to recommendation for the Colorado Special Services Provider License as a School Counselor and may lead to eligibility as a school counselor in various other states, depending on credentialing requirements in each individual state at the time of application. Through coursework from the CACREP-accredited School Counseling MA degree, this certificate program offers focused school counseling content to prepare counselors to meet the academic, career, and social/emotional needs of students from diverse backgrounds within P-12 school systems. This certificate requires two 300-hour internship experiences, completed in a P-12 school in your community, which are integrated into the coursework (i.e., COUN 4910, COUN 4920). The program can be completed in as few as three quarters (depending on start term and course offerings) and is offered in a fully online format with weekly, synchronous live class meetings held in evenings via video conferencing software.

### Certificate in School Counseling

Minimum of 24 credits for the certificate

Code	Title	Credits
<b>Requirements</b>		
COUN 4740	Roles & Responsibilities of the School Counselor	4
COUN 4810	Comprehensive School Counseling Programs	4
COUN 4840	Educational Strategies and Policies	4
COUN 4850	School Counselor Interventions	4
COUN 4910	Internship I	4
COUN 4920	Internship II	4
<b>Total Credits</b>		<b>24</b>

## Specialized Graduate Certificate Program

For individuals who have already earned an eligible Master's degree, the 18-credit Specialized Certificate in Counseling provides the opportunity to earn additional counseling credits through coursework in our CACREP-accredited School Counseling MA degree program. Depending on individual states' school/mental health counseling licensure requirements, districts' salary schedule, and/or other circumstances, the credits completed through the Certificate in Counseling may position students for eligibility for additional credential(s) and/or earning potential. The program can be completed in as few as nine months (depending on start term and course offerings) and is offered in a fully online format with weekly, synchronous live class meetings held in evenings via video conferencing software. Required coursework may be substituted based on individual student needs; individual student plans of study will be determined through collaboration with Program leadership.

## Specialized Certificate in Counseling

Code	Title	Credits
<b>Requirements</b>		
COUN 4805	Gender & Sexuality	4
COUN 4835	Counseling for Trauma, Crisis, & Grief	4
<b>Electives</b>		<b>10</b>
COUN 4750	Exceptionalities	
COUN 4801	Developmental Application	
COUN 4815	Program Evaluation	
COUN 4825	Activity-Based Counseling	
COUN 4901	School Counseling Field Supervision	
<b>Total Credits</b>		<b>18</b>

## Counseling Psychology (CNP)

### CNP 4300 Trauma-Informed Counseling (5 Credits)

This class will provide a basic understanding of the breadth of trauma work, including understanding the impact of trauma, trauma treatment, and comorbidity including substance use and other diagnoses. Particular emphasis will be placed on the assessment, diagnosis, and treatment of trauma. More specifically, this course will focus on integrating the understanding of trauma into counseling.

### CNP 4642 Adult Development (3 Credits)

Literature on normal development of adult thinking and problem-solving processes and the self-esteem. Physiological changes and relationship between cognitive development and developmental tasks of adults included.

### CNP 4645 Lifespan Development (5 Credits)

Survey of the principles of development from conception to adulthood, emphasizing biological, environmental, and cultural factors affecting development.

### CNP 4700 Counseling Theory (5 Credits)

Basic counseling theories and philosophical principles as a foundation for professional training including history, concepts, techniques and trends.

### CNP 4701 Advanced Seminar: Counseling Theory (3 Credits)

Focus on advanced practice issues and (doctoral students only) integration of theory and practice.

### CNP 4702 Introduction to Assessment (5 Credits)

This is a biweekly course designed to give students an introduction to the essentials of psychological testing, assessment, and report utilization. This course will provide students with exposure to basic objective tests, projective tests, personality tests and other diagnostic techniques.

### CNP 4704 Psychological Assessment (5 Credits)

Administration, scoring and interpretation of objective and projective personality-assessment techniques, the DSM IV, diagnostic categories, report-writing skills, ethical standards for testing. Lab fee required. Prerequisite: counseling or school of psychology Ph.D. student or instructor approval.

### CNP 4705 History and Systems of Psychology (3 Credits)

Historical and philosophical basis of modern psychological theories; basic issues as related to major school of psychology.

### CNP 4706 Cognitive Assessment (5 Credits)

This course provides students in Counseling Psychology with experience in individual intelligence, learning and memory, and neurocognitive screening test administration, scoring, interpretation, and report writing. Each student has an opportunity to administer various cognitive measures, with particular emphasis on the Wechsler Scales. Contemporary issues pertinent to the assessment of intelligence are covered. Emphasis is placed on synthesizing and integrating information from cognitive assessment with other sources to produce effective intervention and therapeutic recommendations. Issues regarding the use of such tests are discussed, as well as appropriate use in agencies and clinical practice. Lab fee required.

**CNP 4707 Introduction to Integrated Health (3 Credits)**

This course is designed to provide students with an introduction to issues in the practice of integrated health psychology, including the topics of interprofessionalism, diagnosis and assessment, treatment, treatment adherence, and consultation. Students will learn about the roles held by behavioral health providers, particularly in the primary care medical setting. Emphasis is placed on evidence-based and culturally competent practice in the integrated health environment.

**CNP 4710 Career Counseling (5 Credits)**

This course is designed to facilitate student development of knowledge, skills and competencies to engage in counseling clients with career issues; utilize occupational/career resources including technology-based resources and assessments; examine theories of career development and decision-making; develop the ability to evaluate and implement appropriate assessments; collaborate with clients in identifying personal and career goals; and organize and implement program planning and techniques and do so in a diversity of work settings. Lab fee required.

**CNP 4720 Group Counseling Theory (5 Credits)**

This course is designed to introduce graduate counseling students to group counseling theory, research, and practice. This course will focus on group theory and research but will also provide instruction and experiences in a variety of group techniques. The course is designed for students in counseling psychology, school psychology, and other related fields who work with persons in a group context. This course focuses on the entire age range from children, adolescents, and adults. This course aims to define therapeutic groups broadly. Students will learn about group theory, research, and techniques through class lectures and discussion, group demonstrations, videotapes on group topics, reading assignments, a group presentation, an experiential task group, a required paper related to the task group presentation, and other required assignments.

**CNP 4730 Research Methods and Program Evaluation (5 Credits)**

This course is designed to provide an introduction and overview of comprehensive program development and evaluation, and research methods. The course will provide direction on the following topics: causation, research hypotheses, independent and dependent variables, sampling, internal and external validity, experimental, quasi-experimental, single-subject, causal-comparative, and correlational designs, measurement and data collection procedures, types of instrumentation and methods for determining reliability.

**CNP 4735 Orientation to Clinical Practice (1 Credit)**

This course will focus on professional orientation to clinical settings. We will integrate information you are learning in other courses to support your ability to engage ethically and legally with clients. The course will support your learning and training in telepsychology, on the integration of ethical and professional competence into your practice.

**CNP 4740 Basic Counseling Techniques (3 Credits)**

Basic counseling and interviewing skills; emphasis on building counseling relationships and facilitating client's self-exploration; skills of empathy, advanced empathy, self-disclosure, confrontation and immediacy.

**CNP 4741 Int Counseling Techniques (3 Credits)**

Sample of counseling techniques and effectiveness with different types of clients. Prerequisite: CNP 4740.

**CNP 4743 Professional Development in Counseling (1 Credit)**

Introduction to the field of counseling with special emphasis on practicum placement. Prerequisite: admission to the MA program in counseling psychology.

**CNP 4750 Counseling Psychology Beginning Practicum (3 Credits)**

Supervised practice in counseling for master's students. Prerequisite: CNP 4740, and be a counseling psychology student.

**CNP 4751 M.A. Internship (1-5 Credits)**

Yearlong, 600-hour supervised field practice for second-year master's students with weekly seminar. Prerequisites: CNP 4750 and be a counseling psychology master's students.

**CNP 4752 Counseling Psychology Advanced Practicum I (3 Credits)**

Supervised practice in counseling for doctoral students. Prerequisites: CNP 4750 or prior practicum, and be a counseling psychology student.

**CNP 4753 Counseling Psychology Advanced Practicum II (1 Credit)**

Group supervised practice in counseling for second-year doctoral students with emphasis on process and countertransference issues. Prerequisite: CNP 4752.

**CNP 4754 Couns Psych: PhD Internship (1 Credit)**

Meets 12-month internship requirement in counseling psychology. Prerequisites: completion of comprehensive examination and dissertation proposal.

**CNP 4755 MA Clinic (1,5 Credit)**

MA clinic is a required course for all students in the 90-credit Clinical Mental Health Counseling Concentration.

**CNP 4756 PhD Counseling Clinic (1 Credit)**

On-campus, advanced-experience counseling of clients from the community with close supervision and observation. Prerequisite: Doctoral student in counseling psychology.

**CNP 4758 PhD Field Experience (8 Credits)**

Required 12-month, 40-hour-per-week internship for doctoral students in Counseling Psychology. Registration for this course indicates full-time enrollment. This course is not graded. Prerequisites: completion of comprehensive examination and dissertation proposal. Department approval is required for registration. Fall quarter enrollment must be done in conjunction with CNP 4754.



**CNP 4768 Counseling Psychology: Social Psychology (3 Credits)**

Social Psychology is designed to provide students a broad and general understanding of social psychology. The course will cover aspects of self, cultural dynamics, group processes, emotional/cognitive aspects of social behavior.

**CNP 4769 Cognitive Behavioral Therapy (4 Credits)**

Cognitive Behavior Therapy (CBT) is a treatment approach that incorporates a multitude of evidence-based strategies to construct an individualized and comprehensive treatment plan for a wide variety of mental/behavioral disorders. CBT has been extensively investigated in both research and applied setting. CBT offers foundational knowledge and skills to provide an active, client involved approach to resolving individual and family challenges. CBT is structured, goal-directed, and focuses directly on client problem areas. Students will practice and develop the skills necessary to implement CBT techniques and strategies.

**CNP 4770 Counseling Psychology Seminar: Research (3 Credits)**

Review of current process and outcome research in counseling and psychotherapy; substantive issues, including client and therapist variables as well as methodological issues and experimental designs. Prerequisite: doctoral student.

**CNP 4772 Diversity Seminar: Psycho-Social Issues (1-5 Credits)**

Series of courses to analyze social and psychological impacts of oppression related to minority status, socioeconomic status, gender and family configurations; taught using an awareness and knowledge approach; implications for counseling; series includes general seminar and series of 1 credit follow-up seminars on particular topics, e.g., American Indian mental health, African- American mental health and women's mental health. Prerequisites: CNP 4773 and students must take the 3-credit general seminar prior to the individual seminars.

**CNP 4773 Diversity: Multicultural Counseling Psychosocial Issues (5 Credits)**

The purpose of this course is to provide an overview of multicultural and social justice issues in the United States. While this is not a skills training course, implications for multicultural counseling skills will also be discussed. Issues and concepts related to gender, race, ethnicity, sexual orientation, gender identity, and social class will be examined within a framework of privilege and oppression. This course is designed to present a general introduction to multicultural and social justice issues as well as culturally responsive counseling. Due to the extensive amount of material in this area, only some selected issues and topics will be presented. Students interested in gaining more specific, or in-depth knowledge of topics covered in this class may pursue the one-credit Counseling Psychology diversity seminars offered in the Counseling Psychology program. Significant emphasis will also be placed on experiential learning and the application of students' awareness and knowledge accrued throughout the quarter.

**CNP 4775 Counseling Psychology: Cognitive & Affective Basis of Behavior (3 Credits)**

The seminar is intended to enhance students' understanding of the fundamental psychological concepts in cognitive and affective sciences and of the relevance of these theories and concepts to clinical practitioners. This seminar will provide weekly lectures to engage students in core issues surrounding the scientific study of affective and cognitive processes involved in human behavior. Academic inquiry and dialogue will also be fostered through group presentations and discussions of peer-reviewed journal articles and book chapters.

**CNP 4776 Family Counseling (3 Credits)**

Introduction to family counseling, including survey of major theories and research, and in-class demonstrations of techniques. Prerequisite: advanced master's or doctoral student.

**CNP 4778 Health Psychology (3 Credits)**

Overview of rapidly expanding field of health psychology; wide variety of topics dealing with role of psychological processes in health and health care; includes impact of stress on physical health, and psychological factors that determine health-related behavior, psychological aspects of delivery of health care, and assessment issues in health psychology.

**CNP 4780 Counseling Psychology Seminar: Supervision (3 Credits)**

Introduces literature and research on counseling supervision, including awareness of individual differences; provides experience supervising master's level counselors. Prerequisites: doctoral student and CNP 4752.

**CNP 4781 Counseling Psychology: Introduction to Psychodynamic Theory (4 Credits)**

This class will explore psychodynamic theory, with an emphasis on creating case formulations and practicing an analytic position in the treatment process. We will be focusing primarily on individual treatment with adults in outpatient settings using a developmental lens. You will be encouraged to develop and deepen your capacities for curiosity and self-reflection, in part as they relate to the exploration of countertransference reactions and meaning making. You will be learning both professionally and personally, as they mutually influence one another, what it means to be a psychodynamic clinician.

**CNP 4783 Counseling Psychology: Eating Disorders (3 Credits)**

This class will offer the opportunity to learn about the diagnosis, assessment, theory, and treatment of eating, weight and shape disorders. While working with clients with eating disorders (EDs) can present unique challenges, we will explore the perception/stigma that these clients are notoriously difficult to treat. We will focus on the importance of integrative treatments, and the role of behavioral, symptom focused techniques in addition to psychodynamic approaches that explore underlying characterological and developmental issues. This class will also consider the impact of culture and media on body image, and the effects of these messages on personal beliefs, attitudes and behaviors.

**CNP 4784 Psychopathology (5 Credits)**

This course is designed to provide students with a thorough understanding of assessment, diagnosis and classification of psychological abnormalities. Psychopathology is typically characterized by deviance from cultural norms, personal distress, danger to oneself or others, or an inability to function in daily life. We will explore the empirical basis for understanding psychopathology as defined in the DSM 5, as well as, the inherent limitations of the current diagnostic system. Interactions of biological, social, psychological, cultural, political, and environmental factors will be stressed, particularly as they contribute to the development and maintenance of mental disorders. Cultural perspectives on each disorder will be addressed every week to attend to issues of social justice and multiculturalism related to diagnosis.

**CNP 4787 Motivational Interviewing (4 Credits)**

Motivational Interviewing is a client-centered collaborative style of therapeutic relationship designed to strengthen a person's motivation for and commitment to change. This class will facilitate skill development in managing client ambivalence, eliciting change-talk and honoring the client's autonomy regarding taking steps toward a commonly agreed upon goal.

**CNP 4788 Physiological Psychology (3 Credits)**

Physiological Psychology is designed to expose students to the field of physiology and highlights its reciprocal relationship with behavior. We will cover topics including the structure and function of the nervous system and areas of research relevant to clinical psychology (e.g., substance abuse, mental illness, and biological rhythms). Given the limited time devoted to each area, more in-depth coverage should be pursued by interested persons.

**CNP 4789 Pharmacology of Addictive Behavior I and II (4 Credits)**

This class provides a solid base of knowledge about the drugs of abuse including what occurs physiologically with drug use and other addictive behaviors. Additionally, this course explores neuroscience and genetic research on addiction to better understand the changes in the brain that underlie drug use and addictive behaviors.

**CNP 4790 Counseling Psychology Seminar: Ethics (3 Credits)**

Professional ethics in practice and research in counseling psychology, including informed consent, confidentiality, clients' rights, psychologists' obligations, etc.; basic APA documents. Prerequisite: doctoral student.

**CNP 4791 Counseling Psychology Seminar: Counseling Couples (3 Credits)**

Introduction to couples counseling, including survey of major theories and research.

**CNP 4792 Pro-Seminar in Counseling Psychology (1 Credit)**

Introduction to field of counseling psychology required for all first-quarter doctoral students. Prerequisite: counseling psychology doctoral students.

**CNP 4794 Counseling Psychology Seminar: Special Topics (1-15 Credits)**

Variety of special topics on research and practice in counseling psychology; readings, lectures and projects to provide an in-depth understanding of topics, which vary from to year and cover areas such as counseling women, counseling in business and industry, advanced group therapy, time-limit counseling, vocational counseling, etc.

**CNP 4795 Master of Arts Counseling: Legal and Ethical Issues (5 Credits)**

Introduction to ethical and legal issues in school and agency counseling for master's students. Prerequisite: Master's student in Counseling Psychology.

**CNP 4797 Counseling Addictive Behavior (4 Credits)**

Introduction to assessment, treatment and outcome evaluation of chemical and nonchemical addictive behaviors. Requirements include abstinence from a "compulsive" behavior; journaling about one's cognitive, emotional and behavioral reactions during the abstinence period; attending 12-step meetings; participating in a quasi-12-step in class meeting; critiquing a film depicting dynamics of an alcoholic family.

**CNP 4799 Infectious Diseases in Addictive Behaviors (2 Credits)**

Drug and alcohol abuse and infectious diseases go hand in hand. This class explores the high risk for contracting and spreading infectious diseases among drug abusers. This class helps prepare students to identify such diseases, determine client risk for infection, and educate students about disease prevention and treatment options.

**CNP 4800 Consultation (1 Credit)**

This course is designed to teach the basic theories of psychological consultation that can be used to guide practice in a variety of settings. Students learn to differentiate process, collaborative and expert consultation. The class format includes presentations from practitioners working in school, medical, forensic, and business settings. In addition, students also learn about the ethical principles that guide their practice and to also become sensitive to how their work with diverse cultural backgrounds may be perceived. Prerequisite: must be enrolled in the Counseling Psychology doctoral program.

**CNP 4991 MA Independent Study (1-10 Credits)****CNP 4995 Independent Research (1-10 Credits)****CNP 5771 Counseling Psychology: Doctoral Research Seminar (3 Credits)**

The purpose of this course is to guide students in completing the Dissertation. This is not a research methods course but a course focused on the application of research understandings, knowledge, concepts, and terminology in the design of a dissertation. It is assumed that prerequisite research courses provide students with considerable information, foundational knowledge, and conceptual understandings of both quantitative and qualitative research methodologies and other relevant topics.

**CNP 5991 PhD Independent Study (1-10 Credits)**

**CNP 5995 Independent Research (1-20 Credits)**

## **School Counseling (COUN)**

**COUN 4001 School Counseling Immersion (0 Credits)**

This on-campus experience is for students in the SchoolCounseling@Denver online program.

**COUN 4600 Orientation to Professional Counseling & Ethical Practice (4 Credits)**

This course provides an introduction to the counseling profession, including an overview of legal, ethical, and structural issues.

**COUN 4610 Counseling Techniques (4 Credits)**

Foundations and application of counseling and interviewing skills. This course emphasizes building and maintaining counseling relationships, facilitating client self-exploration and expression, and skills including, but not limited to, empathy, reflection, and challenging.

**COUN 4620 Counseling Theory (4 Credits)**

This course introduces students to basic counseling and psychological theories and philosophical principles as a foundation for professional training including history, concepts, techniques, and trends. Students gain an understanding of the theories and research related to helping relationships and develop the skills to apply their knowledge in therapeutic relationships through experiential activities. Students also develop and refine their own counseling orientation.

**COUN 4630 Research Methods (4 Credits)**

This course provides an introduction and overview of quantitative, qualitative, and mixed-methods research in counseling and education, including the development of program evaluations and assessments.

**COUN 4700 Social & Cultural Diversity (4 Credits)**

Overview of multicultural and social justice issues in the United States and their relationship with and implications for counseling. Content includes but is not limited to examination of concepts related to race, ethnicity, religion, socioeconomic status, gender, sexuality, and neurodiversity within a framework of privilege, oppression, and intersectionality. Prerequisites: COUN 4600 & COUN 4610.

**COUN 4710 Group Counseling (4 Credits)**

This course provides an introduction to group counseling theory, process, leadership, and techniques. It includes participation as a group member in a small group activity, as articulated within the course. Prerequisites: COUN 4600, COUN 4610, and COUN 4620.

**COUN 4720 Assessment & Appraisal (5 Credits)**

This course is designed to give students an introduction to the essentials of psychological testing, assessment, and report utilization. This course provides students with exposure to basic objective tests, projective tests, personality tests, and other diagnostic techniques. Prerequisite: COUN 4600 & COUN 4630.

**COUN 4730 Lifespan Development (4 Credits)**

Survey of the principles of development from conception to adulthood, emphasizing biological, environmental, and cultural factors affecting development. Prerequisites: COUN 4600.

**COUN 4740 Roles & Responsibilities of the School Counselor (4 Credits)**

This course provides an in-depth study into the roles and responsibilities of a school counselor including counselor, consultant, coordinator, and educational leader. Strategies for increasing collaboration among interested parties, attendance among students, and involvement among caregivers are included. Students will understand the role of the school counselor as an educational leader and advocate for social justice in the school setting.

**COUN 4750 Exceptionalities (2 Credits)**

Survey of research and theory related to learners with exceptionalities. This includes but is not limited to differences (e.g., cognitive, behavioral, physical) which warrant additional services toward meeting the needs of the individual. Prerequisites: COUN 4700, COUN 4710, and COUN 4730.

**COUN 4800 Career Counseling (4 Credits)**

This course facilitates development of knowledge, skills and competencies to engage in counseling clients with career issues, utilize occupational/career resources including technology-based resources and assessments, examine theories of career development and decision-making, develop the ability to evaluate and implement appropriate assessments, collaborate with clients in identifying personal and career goals, and organize and implement program planning and techniques in a diversity of work settings. Prerequisite: COUN 4630.

**COUN 4801 Developmental Application (2 Credits)**

Application of developmentally informed counseling skills and theories. Prerequisites: COUN 4700, COUN 4710, and COUN 4730.

**COUN 4805 Gender & Sexuality (4 Credits)**

This course provides students with an understanding of human sexuality and gender identities/expressions throughout the lifespan. It highlights awareness, knowledge, and skills in working with affectionally-, sexually-, and gender-diverse students in schools. The course explores impacts of our dynamic, intersecting identities on sex, sexuality, gender, intimacy, and diverse relationship structures. Prerequisites: COUN 4700 and COUN 4730.

**COUN 4810 Comprehensive School Counseling Programs (4 Credits)**

This course provides a framework for developing a comprehensive school counseling program in order to meet the development needs of students in the domains of academic, career, and social/emotional development. Students become familiar with the American School Counselor Association's National Model, the use of data to inform programmatic decision making, and factors related to school attendance and safety. The course is designed to provide students with practical experience in needs assessment, and program development, implementation, and evaluation. Prerequisites: COUN 4600.

**COUN 4815 Program Evaluation (2 Credits)**

This course facilitates familiarity with application and implementation of program evaluation concepts, including evaluation design, statistical methods, and ethical and cultural considerations. Prerequisites: COUN 4630, COUN 4730, and COUN 4740.

**COUN 4820 Counseling Youth & Families (4 Credits)**

Introduction to counseling children and adolescents, with considerations related to counseling within the family system. Includes integration of developmental, psychological, counseling, and family theories, and application of evidence-based interventions. Prerequisites: COUN 4730.

**COUN 4825 Activity-Based Counseling (3 Credits)**

This course explores activity-based counseling theory and interventions. Emphasis is placed on the ways children and youth use play, fantasy, art, and other activities to communicate. Students learn developmentally appropriate play and activity-based therapy techniques, theory, and practical application. Prerequisites: COUN 4700, COUN 4710, and COUN 4730.

**COUN 4830 Diagnosis in Counseling (4 Credits)**

This course covers the identification and treatment of psychological disorders and substance use and abuse across the lifespan. Special emphasis is placed on risks, signs, and symptoms of mental health and substance use disorders from a school counseling perspective, including common treatments and both school- and community-based resources and supports. Prerequisites: COUN 4720 and COUN 4730.

**COUN 4835 Counseling for Trauma, Crisis, & Grief (4 Credits)**

Through combination of lecture, role plays, and case conceptualization, this course provides students with foundational knowledge of theories, models, and best practices for trauma, grief, and crisis across the lifespan. Emphasis will be placed on learning how to differentiate between trauma, grief, and crisis when assessing, conceptualizing, and providing services to P-12 students. This course will also address the individual and systemic impact of trauma, crisis, and grief on students, families, and communities. Prerequisite: COUN 4700 & COUN 4730.

**COUN 4840 Educational Strategies and Policies (4 Credits)**

This course provides an overview of the history and current issues in legislation and government policy relevant to school counseling. It provides training in advocacy, leveraging community resources, differentiated instruction, multilingual learners, and classroom management to prepare students for engaging with a diverse P-12 student population. Prerequisites: COUN 4740.

**COUN 4850 School Counselor Interventions (4 Credits)**

This course focuses on developmentally appropriate evidence-based interventions used in a school setting for prevention and intervention to support and promote academic achievement and post-secondary success. The course explores interventions to address common social emotional, academic, and career-related issues faced by students in schools, including culturally competent peer-, community-, and family-based approaches. Prerequisites: COUN 4810.

**COUN 4900 Practicum (4 Credits)**

A minimum of 100-hour supervised field practice in a school setting, accompanied by weekly live session meetings which provide group supervision. Students' field practice must be supervised by an approved, appropriately credentialed school counselor. Prerequisites: COUN 4740.

**COUN 4901 School Counseling Field Supervision (1 Credit)**

This course provides group supervision for students completing supervised field experience in roles and settings with clients relevant to their specialty area. Prerequisite: COUN 4900. This prerequisite may be taken concurrently with COUN 4901.

**COUN 4910 Internship I (4 Credits)**

A minimum of 300-hour supervised field practice in a school setting, accompanied by weekly live session meetings which provide group supervision. Students' field practice must be supervised by an approved, appropriately credentialed school counselor. Prerequisites: COUN 4900.

**COUN 4920 Internship II (4 Credits)**

A minimum of 300-hour supervised field practice in a school setting, accompanied by weekly live session meetings which provide group supervision. Students' field practice must be supervised by an approved, appropriately credentialed school counselor. Prerequisites: COUN 4910.

## Counseling Psychology Courses

**CNP 4300 Trauma-Informed Counseling (5 Credits)**

This class will provide a basic understanding of the breadth of trauma work, including understanding the impact of trauma, trauma treatment, and comorbidity including substance use and other diagnoses. Particular emphasis will be placed on the assessment, diagnosis, and treatment of trauma. More specifically, this course will focus on integrating the understanding of trauma into counseling.

**CNP 4642 Adult Development (3 Credits)**

Literature on normal development of adult thinking and problem-solving processes and the self-esteem. Physiological changes and relationship between cognitive development and developmental tasks of adults included.

**CNP 4645 Lifespan Development (5 Credits)**

Survey of the principles of development from conception to adulthood, emphasizing biological, environmental, and cultural factors affecting development.

**CNP 4700 Counseling Theory (5 Credits)**

Basic counseling theories and philosophical principles as a foundation for professional training including history, concepts, techniques and trends.

**CNP 4701 Advanced Seminar: Counseling Theory (3 Credits)**

Focus on advanced practice issues and (doctoral students only) integration of theory and practice.

**CNP 4702 Introduction to Assessment (5 Credits)**

This is a biweekly course designed to give students an introduction to the essentials of psychological testing, assessment, and report utilization. This course will provide students with exposure to basic objective tests, projective tests, personality tests and other diagnostic techniques.

**CNP 4704 Psychological Assessment (5 Credits)**

Administration, scoring and interpretation of objective and projective personality-assessment techniques, the DSM IV, diagnostic categories, report-writing skills, ethical standards for testing. Lab fee required. Prerequisite: counseling or school of psychology Ph.D. student or instructor approval.

**CNP 4705 History and Systems of Psychology (3 Credits)**

Historical and philosophical basis of modern psychological theories; basic issues as related to major school of psychology.

**CNP 4706 Cognitive Assessment (5 Credits)**

This course provides students in Counseling Psychology with experience in individual intelligence, learning and memory, and neurocognitive screening test administration, scoring, interpretation, and report writing. Each student has an opportunity to administer various cognitive measures, with particular emphasis on the Wechsler Scales. Contemporary issues pertinent to the assessment of intelligence are covered. Emphasis is placed on synthesizing and integrating information from cognitive assessment with other sources to produce effective intervention and therapeutic recommendations. Issues regarding the use of such tests are discussed, as well as appropriate use in agencies and clinical practice. Lab fee required.

**CNP 4707 Introduction to Integrated Health (3 Credits)**

This course is designed to provide students with an introduction to issues in the practice of integrated health psychology, including the topics of interprofessionalism, diagnosis and assessment, treatment adherence, and consultation. Students will learn about the roles held by behavioral health providers, particularly in the primary care medical setting. Emphasis is placed on evidence-based and culturally competent practice in the integrated health environment.

**CNP 4710 Career Counseling (5 Credits)**

This course is designed to facilitate student development of knowledge, skills and competencies to engage in counseling clients with career issues; utilize occupational/career resources including technology-based resources and assessments; examine theories of career development and decision-making; develop the ability to evaluate and implement appropriate assessments; collaborate with clients in identifying personal and career goals; and organize and implement program planning and techniques and do so in a diversity of work settings. Lab fee required.

**CNP 4720 Group Counseling Theory (5 Credits)**

This course is designed to introduce graduate counseling students to group counseling theory, research, and practice. This course will focus on group theory and research but will also provide instruction and experiences in a variety of group techniques. The course is designed for students in counseling psychology, school psychology, and other related fields who work with persons in a group context. This course focuses on the entire age range from children, adolescents, and adults. This course aims to define therapeutic groups broadly. Students will learn about group theory, research, and techniques through class lectures and discussion, group demonstrations, videotapes on group topics, reading assignments, a group presentation, an experiential task group, a required paper related to the task group presentation, and other required assignments.

**CNP 4730 Research Methods and Program Evaluation (5 Credits)**

This course is designed to provide an introduction and overview of comprehensive program development and evaluation, and research methods. The course will provide direction on the following topics: causation, research hypotheses, independent and dependent variables, sampling, internal and external validity, experimental, quasi-experimental, single-subject, causal-comparative, and correlational designs, measurement and data collection procedures, types of instrumentation and methods for determining reliability.

**CNP 4735 Orientation to Clinical Practice (1 Credit)**

This course will focus on professional orientation to clinical settings. We will integrate information you are learning in other courses to support your ability to engage ethically and legally with clients. The course will support your learning and training in telepsychology, on the integration of ethical and professional competence into your practice.

**CNP 4740 Basic Counseling Techniques (3 Credits)**

Basic counseling and interviewing skills; emphasis on building counseling relationships and facilitating client's self-exploration; skills of empathy, advanced empathy, self-disclosure, confrontation and immediacy.

**CNP 4741 Int Counseling Techniques (3 Credits)**

Sample of counseling techniques and effectiveness with different types of clients. Prerequisite: CNP 4740.

**CNP 4743 Professional Development in Counseling (1 Credit)**

Introduction to the field of counseling with special emphasis on practicum placement. Prerequisite: admission to the MA program in counseling psychology.



**CNP 4750 Counseling Psychology Beginning Practicum (3 Credits)**

Supervised practice in counseling for master's students. Prerequisite: CNP 4740, and be a counseling psychology student.

**CNP 4751 M.A. Internship (1-5 Credits)**

Yearlong, 600-hour supervised field practice for second-year master's students with weekly seminar. Prerequisites: CNP 4750 and be a counseling psychology master's students.

**CNP 4752 Counseling Psychology Advanced Practicum I (3 Credits)**

Supervised practice in counseling for doctoral students. Prerequisites: CNP 4750 or prior practicum, and be a counseling psychology student.

**CNP 4753 Counseling Psychology Advanced Practicum II (1 Credit)**

Group supervised practice in counseling for second-year doctoral students with emphasis on process and countertransference issues. Prerequisite: CNP 4752.

**CNP 4754 Couns Psych: PhD Internship (1 Credit)**

Meets 12-month internship requirement in counseling psychology. Prerequisites: completion of comprehensive examination and dissertation proposal.

**CNP 4755 MA Clinic (1,5 Credit)**

MA clinic is a required course for all students in the 90-credit Clinical Mental Health Counseling Concentration.

**CNP 4756 PhD Counseling Clinic (1 Credit)**

On-campus, advanced-experience counseling of clients from the community with close supervision and observation. Prerequisite: Doctoral student in counseling psychology.

**CNP 4758 PhD Field Experience (8 Credits)**

Required 12-month, 40-hour-per-week internship for doctoral students in Counseling Psychology. Registration for this course indicates full-time enrollment. This course is not graded. Prerequisites: completion of comprehensive examination and dissertation proposal. Department approval is required for registration. Fall quarter enrollment must be done in conjunction with CNP 4754.

**CNP 4768 Counseling Psychology: Social Psychology (3 Credits)**

Social Psychology is designed to provide students a broad and general understanding of social psychology. The course will cover aspects of self, cultural dynamics, group processes, emotional/cognitive aspects of social behavior.

**CNP 4769 Cognitive Behavioral Therapy (4 Credits)**

Cognitive Behavior Therapy (CBT) is a treatment approach that incorporates a multitude of evidence-based strategies to construct an individualized and comprehensive treatment plan for a wide variety of mental/behavioral disorders. CBT has been extensively investigated in both research and applied setting. CBT offers foundational knowledge and skills to provide an active, client involved approach to resolving individual and family challenges. CBT is structured, goal-directed, and focuses directly on client problem areas. Students will practice and develop the skills necessary to implement CBT techniques and strategies.

**CNP 4770 Counseling Psychology Seminar: Research (3 Credits)**

Review of current process and outcome research in counseling and psychotherapy; substantive issues, including client and therapist variables as well as methodological issues and experimental designs. Prerequisite: doctoral student.

**CNP 4772 Diversity Seminar: Psycho-Social Issues (1-5 Credits)**

Series of courses to analyze social and psychological impacts of oppression related to minority status, socioeconomic status, gender and family configurations; taught using an awareness and knowledge approach; implications for counseling; series includes general seminar and series of 1 credit follow-up seminars on particular topics, e.g., American Indian mental health, African- American mental health and women's mental health. Prerequisites: CNP 4773 and students must take the 3-credit general seminar prior to the individual seminars.

**CNP 4773 Diversity: Multicultural Counseling Psychosocial Issues (5 Credits)**

The purpose of this course is to provide an overview of multicultural and social justice issues in the United States. While this is not a skills training course, implications for multicultural counseling skills will also be discussed. Issues and concepts related to gender, race, ethnicity, sexual orientation, gender identity, and social class will be examined within a framework of privilege and oppression. This course is designed to present a general introduction to multicultural and social justice issues as well as culturally responsive counseling. Due to the extensive amount of material in this area, only some selected issues and topics will be presented. Students interested in gaining more specific, or in-depth knowledge of topics covered in this class may pursue the one-credit Counseling Psychology diversity seminars offered in the Counseling Psychology program. Significant emphasis will also be placed on experiential learning and the application of students' awareness and knowledge accrued throughout the quarter.

**CNP 4775 Counseling Psychology: Cognitive & Affective Basis of Behavior (3 Credits)**

The seminar is intended to enhance students' understanding of the fundamental psychological concepts in cognitive and affective sciences and of the relevance of these theories and concepts to clinical practitioners. This seminar will provide weekly lectures to engage students in core issues surrounding the scientific study of affective and cognitive processes involved in human behavior. Academic inquiry and dialogue will also be fostered through group presentations and discussions of peer-reviewed journal articles and book chapters.

**CNP 4776 Family Counseling (3 Credits)**

Introduction to family counseling, including survey of major theories and research, and in-class demonstrations of techniques. Prerequisite: advanced master's or doctoral student.

**CNP 4778 Health Psychology (3 Credits)**

Overview of rapidly expanding field of health psychology; wide variety of topics dealing with role of psychological processes in health and health care; includes impact of stress on physical health, and psychological factors that determine health-related behavior, psychological aspects of delivery of health care, and assessment issues in health psychology.

**CNP 4780 Counseling Psychology Seminar: Supervision (3 Credits)**

Introduces literature and research on counseling supervision, including awareness of individual differences; provides experience supervising master's level counselors. Prerequisites: doctoral student and CNP 4752.

**CNP 4781 Counseling Psychology: Introduction to Psychodynamic Theory (4 Credits)**

This class will explore psychodynamic theory, with an emphasis on creating case formulations and practicing an analytic position in the treatment process. We will be focusing primarily on individual treatment with adults in outpatient settings using a developmental lens. You will be encouraged to develop and deepen your capacities for curiosity and self-reflection, in part as they relate to the exploration of countertransference reactions and meaning making. You will be learning both professionally and personally, as they mutually influence one another, what it means to be a psychodynamic clinician.

**CNP 4783 Counseling Psychology: Eating Disorders (3 Credits)**

This class will offer the opportunity to learn about the diagnosis, assessment, theory, and treatment of eating, weight and shape disorders. While working with clients with eating disorders (EDs) can present unique challenges, we will explore the perception/stigma that these clients are notoriously difficult to treat. We will focus on the importance of integrative treatments, and the role of behavioral, symptom focused techniques in addition to psychodynamic approaches that explore underlying characterological and developmental issues. This class will also consider the impact of culture and media on body image, and the effects of these messages on personal beliefs, attitudes and behaviors.

**CNP 4784 Psychopathology (5 Credits)**

This course is designed to provide students with a thorough understanding of assessment, diagnosis and classification of psychological abnormalities. Psychopathology is typically characterized by deviance from cultural norms, personal distress, danger to oneself or others, or an inability to function in daily life. We will explore the empirical basis for understanding psychopathology as defined in the DSM 5, as well as, the inherent limitations of the current diagnostic system. Interactions of biological, social, psychological, cultural, political, and environmental factors will be stressed, particularly as they contribute to the development and maintenance of mental disorders. Cultural perspectives on each disorder will be addressed every week to attend to issues of social justice and multiculturalism related to diagnosis.

**CNP 4787 Motivational Interviewing (4 Credits)**

Motivational Interviewing is a client-centered collaborative style of therapeutic relationship designed to strengthen a person's motivation for and commitment to change. This class will facilitate skill development in managing client ambivalence, eliciting change-talk and honoring the client's autonomy regarding taking steps toward a commonly agreed upon goal.

**CNP 4788 Physiological Psychology (3 Credits)**

Physiological Psychology is designed to expose students to the field of physiology and highlights its reciprocal relationship with behavior. We will cover topics including the structure and function of the nervous system and areas of research relevant to clinical psychology (e.g., substance abuse, mental illness, and biological rhythms). Given the limited time devoted to each area, more in-depth coverage should be pursued by interested persons.

**CNP 4789 Pharmacology of Addictive Behavior I and II (4 Credits)**

This class provides a solid base of knowledge about the drugs of abuse including what occurs physiologically with drug use and other addictive behaviors. Additionally, this course explores neuroscience and genetic research on addiction to better understand the changes in the brain that underlie drug use and addictive behaviors.

**CNP 4790 Counseling Psychology Seminar: Ethics (3 Credits)**

Professional ethics in practice and research in counseling psychology, including informed consent, confidentiality, clients' rights, psychologists' obligations, etc.; basic APA documents. Prerequisite: doctoral student.

**CNP 4791 Counseling Psychology Seminar: Counseling Couples (3 Credits)**

Introduction to couples counseling, including survey of major theories and research.

**CNP 4792 Pro-Seminar in Counseling Psychology (1 Credit)**

Introduction to field of counseling psychology required for all first-quarter doctoral students. Prerequisite: counseling psychology doctoral students.

**CNP 4794 Counseling Psychology Seminar: Special Topics (1-15 Credits)**

Variety of special topics on research and practice in counseling psychology; readings, lectures and projects to provide an in-depth understanding of topics, which vary from to year and cover areas such as counseling women, counseling in business and industry, advanced group therapy, time-limit counseling, vocational counseling, etc.

**CNP 4795 Master of Arts Counseling: Legal and Ethical Issues (5 Credits)**

Introduction to ethical and legal issues in school and agency counseling for master's students. Prerequisite: Master's student in Counseling Psychology.

**CNP 4797 Counseling Addictive Behavior (4 Credits)**

Introduction to assessment, treatment and outcome evaluation of chemical and nonchemical addictive behaviors. Requirements include abstinence from a "compulsive" behavior; journaling about one's cognitive, emotional and behavioral reactions during the abstinence period; attending 12-step meetings; participating in a quasi-12-step in class meeting; critiquing a film depicting dynamics of an alcoholic family.



**CNP 4799 Infectious Diseases in Addictive Behaviors (2 Credits)**

Drug and alcohol abuse and infectious diseases go hand in hand. This class explores the high risk for contracting and spreading infectious diseases among drug abusers. This class helps prepare students to identify such diseases, determine client risk for infection, and educate students about disease prevention and treatment options.

**CNP 4800 Consultation (1 Credit)**

This course is designed to teach the basic theories of psychological consultation that can be used to guide practice in a variety of settings. Students learn to differentiate process, collaborative and expert consultation. The class format includes presentations from practitioners working in school, medical, forensic, and business settings. In addition, students also learn about the ethical principles that guide their practice and to also become sensitive to how their work with diverse cultural backgrounds may be perceived. Prerequisite: must be enrolled in the Counseling Psychology doctoral program.

**CNP 4991 MA Independent Study (1-10 Credits)****CNP 4995 Independent Research (1-10 Credits)****CNP 5771 Counseling Psychology: Doctoral Research Seminar (3 Credits)**

The purpose of this course is to guide students in completing the Dissertation. This is not a research methods course but a course focused on the application of research understandings, knowledge, concepts, and terminology in the design of a dissertation. It is assumed that prerequisite research courses provide students with considerable information, foundational knowledge, and conceptual understandings of both quantitative and qualitative research methodologies and other relevant topics.

**CNP 5991 PhD Independent Study (1-10 Credits)****CNP 5995 Independent Research (1-20 Credits)****School Counseling Courses****COUN 4001 School Counseling Immersion (0 Credits)**

This on-campus experience is for students in the SchoolCounseling@Denver online program.

**COUN 4600 Orientation to Professional Counseling & Ethical Practice (4 Credits)**

This course provides an introduction to the counseling profession, including an overview of legal, ethical, and structural issues.

**COUN 4610 Counseling Techniques (4 Credits)**

Foundations and application of counseling and interviewing skills. This course emphasizes building and maintaining counseling relationships, facilitating client self-exploration and expression, and skills including, but not limited to, empathy, reflection, and challenging.

**COUN 4620 Counseling Theory (4 Credits)**

This course introduces students to basic counseling and psychological theories and philosophical principles as a foundation for professional training including history, concepts, techniques, and trends. Students gain an understanding of the theories and research related to helping relationships and develop the skills to apply their knowledge in therapeutic relationships through experiential activities. Students also develop and refine their own counseling orientation.

**COUN 4630 Research Methods (4 Credits)**

This course provides an introduction and overview of quantitative, qualitative, and mixed-methods research in counseling and education, including the development of program evaluations and assessments.

**COUN 4700 Social & Cultural Diversity (4 Credits)**

Overview of multicultural and social justice issues in the United States and their relationship with and implications for counseling. Content includes but is not limited to examination of concepts related to race, ethnicity, religion, socioeconomic status, gender, sexuality, and neurodiversity within a framework of privilege, oppression, and intersectionality. Prerequisites: COUN 4600 & COUN 4610.

**COUN 4710 Group Counseling (4 Credits)**

This course provides an introduction to group counseling theory, process, leadership, and techniques. It includes participation as a group member in a small group activity, as articulated within the course. Prerequisites: COUN 4600, COUN 4610, and COUN 4620.

**COUN 4720 Assessment & Appraisal (5 Credits)**

This course is designed to give students an introduction to the essentials of psychological testing, assessment, and report utilization. This course provides students with exposure to basic objective tests, projective tests, personality tests, and other diagnostic techniques. Prerequisite: COUN 4600 & COUN 4630.

**COUN 4730 Lifespan Development (4 Credits)**

Survey of the principles of development from conception to adulthood, emphasizing biological, environmental, and cultural factors affecting development. Prerequisites: COUN 4600.

**COUN 4740 Roles & Responsibilities of the School Counselor (4 Credits)**

This course provides an in-depth study into the roles and responsibilities of a school counselor including counselor, consultant, coordinator, and educational leader. Strategies for increasing collaboration among interested parties, attendance among students, and involvement among caregivers are included. Students will understand the role of the school counselor as an educational leader and advocate for social justice in the school setting.

**COUN 4750 Exceptionalities (2 Credits)**

Survey of research and theory related to learners with exceptionalities. This includes but is not limited to differences (e.g., cognitive, behavioral, physical) which warrant additional services toward meeting the needs of the individual. Prerequisites: COUN 4700, COUN 4710, and COUN 4730.

**COUN 4800 Career Counseling (4 Credits)**

This course facilitates development of knowledge, skills and competencies to engage in counseling clients with career issues, utilize occupational/career resources including technology-based resources and assessments, examine theories of career development and decision-making, develop the ability to evaluate and implement appropriate assessments, collaborate with clients in identifying personal and career goals, and organize and implement program planning and techniques in a diversity of work settings. Prerequisite: COUN 4630.

**COUN 4801 Developmental Application (2 Credits)**

Application of developmentally informed counseling skills and theories. Prerequisites: COUN 4700, COUN 4710, and COUN 4730.

**COUN 4805 Gender & Sexuality (4 Credits)**

This course provides students with an understanding of human sexuality and gender identities/expressions throughout the lifespan. It highlights awareness, knowledge, and skills in working with affectionally-, sexually-, and gender-diverse students in schools. The course explores impacts of our dynamic, intersecting identities on sex, sexuality, gender, intimacy, and diverse relationship structures. Prerequisites: COUN 4700 and COUN 4730.

**COUN 4810 Comprehensive School Counseling Programs (4 Credits)**

This course provides a framework for developing a comprehensive school counseling program in order to meet the development needs of students in the domains of academic, career, and social/emotional development. Students become familiar with the American School Counselor Association's National Model, the use of data to inform programmatic decision making, and factors related to school attendance and safety. The course is designed to provide students with practical experience in needs assessment, and program development, implementation, and evaluation. Prerequisites: COUN 4600.

**COUN 4815 Program Evaluation (2 Credits)**

This course facilitates familiarity with application and implementation of program evaluation concepts, including evaluation design, statistical methods, and ethical and cultural considerations. Prerequisites: COUN 4630, COUN 4730, and COUN 4740.

**COUN 4820 Counseling Youth & Families (4 Credits)**

Introduction to counseling children and adolescents, with considerations related to counseling within the family system. Includes integration of developmental, psychological, counseling, and family theories, and application of evidence-based interventions. Prerequisites: COUN 4730.

**COUN 4825 Activity-Based Counseling (3 Credits)**

This course explores activity-based counseling theory and interventions. Emphasis is placed on the ways children and youth use play, fantasy, art, and other activities to communicate. Students learn developmentally appropriate play and activity-based therapy techniques, theory, and practical application. Prerequisites: COUN 4700, COUN 4710, and COUN 4730.

**COUN 4830 Diagnosis in Counseling (4 Credits)**

This course covers the identification and treatment of psychological disorders and substance use and abuse across the lifespan. Special emphasis is placed on risks, signs, and symptoms of mental health and substance use disorders from a school counseling perspective, including common treatments and both school- and community-based resources and supports. Prerequisites: COUN 4720 and COUN 4730.

**COUN 4835 Counseling for Trauma, Crisis, & Grief (4 Credits)**

Through combination of lecture, role plays, and case conceptualization, this course provides students with foundational knowledge of theories, models, and best practices for trauma, grief, and crisis across the lifespan. Emphasis will be placed on learning how to differentiate between trauma, grief, and crisis when assessing, conceptualizing, and providing services to P-12 students. This course will also address the individual and systemic impact of trauma, crisis, and grief on students, families, and communities. Prerequisite: COUN 4700 & COUN 4730.

**COUN 4840 Educational Strategies and Policies (4 Credits)**

This course provides an overview of the history and current issues in legislation and government policy relevant to school counseling. It provides training in advocacy, leveraging community resources, differentiated instruction, multilingual learners, and classroom management to prepare students for engaging with a diverse P-12 student population. Prerequisites: COUN 4740.

**COUN 4850 School Counselor Interventions (4 Credits)**

This course focuses on developmentally appropriate evidence-based interventions used in a school setting for prevention and intervention to support and promote academic achievement and post-secondary success. The course explores interventions to address common social emotional, academic, and career-related issues faced by students in schools, including culturally competent peer-, community-, and family-based approaches. Prerequisites: COUN 4810.

**COUN 4900 Practicum (4 Credits)**

A minimum of 100-hour supervised field practice in a school setting, accompanied by weekly live session meetings which provide group supervision. Students' field practice must be supervised by an approved, appropriately credentialed school counselor. Prerequisites: COUN 4740.

**COUN 4901 School Counseling Field Supervision (1 Credit)**

This course provides group supervision for students completing supervised field experience in roles and settings with clients relevant to their specialty area. Prerequisite: COUN 4900. This prerequisite may be taken concurrently with COUN 4901.

**COUN 4910 Internship I (4 Credits)**

A minimum of 300-hour supervised field practice in a school setting, accompanied by weekly live session meetings which provide group supervision. Students' field practice must be supervised by an approved, appropriately credentialed school counselor. Prerequisites: COUN 4900.

**COUN 4920 Internship II (4 Credits)**

A minimum of 300-hour supervised field practice in a school setting, accompanied by weekly live session meetings which provide group supervision. Students' field practice must be supervised by an approved, appropriately credentialed school counselor. Prerequisites: COUN 4910.